



Howard University Hospital
B.L.E.S.S. INITIATIVE
*(Breastfeeding, Lactation, Education
and Support Services)*

The BLESS Initiative is a Project of the Department of Pediatrics and Family Services and HUH WIC Services include:

Beautiful Beginnings Club

Meets the 2nd Wednesday of each month . Bring a pregnant or breastfeeding friend. Your baby is welcome!

National Breastfeeding Support Center

1st floor across from HUH WIC
Have Breastfeeding problems or concerns?
Call for appointments 8:30am – 4:30pm

Childbirth Education Classes

Learn what to expect during labor and how to give your baby the best start by breastfeeding!

The BLESS Team

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202-865-1316

Gwendolyn West, CCE IBCLC
Lactation Consultant
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Howard University Hospital
2041 Georgia Avenue, NW



Call 865-1316 for locations, appointments, and schedules